## Workshops Menu Skills for Success

We propose delivery of **six** workshop sessions within schools. Some examples of support that we have been offering includes but is not limited to the options below.

We would recommend a selection of core workshops from the menu below, together with a session delivered by one our partner organisations, followed up by a drop-in session where your Schools Employability Adviser will carry out 1:1 tailored support for those students who would benefit most.

Apprenticeships

**Application Writing** 

Transitions to Further Education, Training and Employment Mental wellbeing, resilience and overcoming anxiety

Raising Aspirations – Career & Skills Matching

Professional Behaviours Coaching **Understanding Career Pathways** 

Interview Preparation

**Confidence Building** 

Communication Skills